



## Major New Titles for MARCH 2010

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### **THE REAL FOOD COMPANION hb by Matthew Evans (576 pages) RRP \$89.95**

In Real Food Companion, renowned food writer Matthew Evans shows us how to ethically source, cook and eat real food. Written with gusto and filled to bursting with information to inspire and recipes to nurture the soul and family, Real Food Companion outlines everything you need to know to navigate today's complex food world. It's the farmer, butcher, fishmonger and baker by your side. The fresh, modern and eye-catching design and stunning food and location photography will ensure this comprehensive cookbook stands out on the shelves. It will appeal to dedicated foodies as well as novice cooks looking for a reliable and up-to-date kitchen companion. SBS TV Series on now – GOURMET FARMER.

### **DINNER WITH THE BUTCHER hb by Pip Evans and James Diggins (196 pages) RRP \$45.00**

Pip Evans and James Diggins own and run James & Pip's Butchery, Heathcote NSW. Using carefully selected cuts of beef, lamb, pork, chicken and kangaroo and everyday ingredients (most of them you'll already have in your kitchen cupboard). The authors help the reader to keep to a budget and feed the whole family easily and quickly without sacrificing flavour and quality.

**BECASSE hb by Justin North – Coming back into stock in MARCH '10 RRP \$ 69.95**

**Also coming in APRIL '10 –Justin North's FRENCH LESSONS in paperback RRP \$45.00**

### **HIGH TEA AT THE VICTORIAN ROOM hb by Jill Jones-Evans & Joe Gambacorta (144 pages) RRP \$29.95**

Jill Jones-Evans is the owner and proprietor of The Victoria Room in Sydney's Darlinghurst – an ultra-smooth dining establishment, richly decorated in British Raj style. Jill has pioneered the revival of the British tradition of afternoon tea with the Victoria Room's famous high tea on Sat/Sun afternoons. Joe Gambacorta's eclectic menus bring together traditional food with a touch of elegance. Features of this beautifully produced book include: high tea sandwiches, scones, cupcakes, tarts, biscuits, savouries and beverages including teas. Includes the etiquette of high tea and how to create high tea at home.

### **COUNTRY SHOW CKBK Award-Winning Recipes from Country Shows hb by the Agricultural Societies \$29.95**

Features over 190 tried and tested recipes which have been handed down from generation to generation. Easy to make traditional recipes for cakes, puddings, pies, tarts, jams, pickles and grandmother's favourites. Full colour photography with proceeds from the sale of this book going back to individual show societies and assist country areas.

### **MEALS IN HEELS Do-Ahead Dishes for the Dinner Party Diva hb by Jennifer Joyce (192 pages) RRP \$39.95**

Want to be the hostess with the mostest? Acclaimed London-based American food writer and stylist Jennifer Joyce will show you how. Jennifer will teach readers how to plan, cook and present with style and ease. This book will ensure you have time to slip on your heels, pop on your lipply and have a martini in hand when guests arrive. Meals in Heels is packed with time-saving tips, show-stopping recipes and glamorous illustrations.

### **WHOLEFOOD FOR CHILDREN Nourishing YgChldn with Whole & Organic Foods pb by Jude Blereau RRP \$45.00**

"The underlying philosophy behind Wholefood for Children is the importance of feeding young, growing children, whole and real food, preferably organic. Not only does a child require fuel to play, they also require it to build every part of their body and future pathways, and to learn. Written and presented in two parts, a very insightful and informative introduction and a recipe section, which will cater for ages 6 months to 7 years, starting with introducing solid foods to babies. The recipes range from breakfasts through to lunch and dinners, as well as ultra-convenient portable snacks for lunch boxes." Judith's other books include: Wholefood pb \$45.00 and Coming Home to Eat pb \$39.95

### **MULTI-ALLERGY COOKBOOK pb by Lola Workman (158 pages) RRP \$32.95**

Lola Workman was introduced to gluten-free cookery in 1980 when her daughter developed an intolerance to wheat. Endorsed by the Coeliac Society of Australia – over 100 delicious and healthy recipe – ALL free of wheat, gluten, corn, soy and dairy. Includes a wonderful variety of food, including multicultural cuisine, with a healthy twist on many tasty favourites. Also available: Wheat-Free World pb \$32.95.

### **LEARN TO COOK WHEAT, GLUTEN AND DAIRY FREE pb by Antoinette Savill (224 pages) RRP \$34.99**

### **GRAINS! 125 Delicious Whole-Grain Recipes from Barley & Bulgar to Wild Rice & Wheat-Berries and More pb**

**by Good Housekeeping (208 pages) RRP \$21.99**

### **WORLD KITCHEN – SPAIN pb and WORLD KITCHEN – MOROCCO pb (256 pages) RRP \$34.95**

The latest titles in a new series of six culinary journeys exploring the influences of geography, climate, culture and tradition that have shaped some of the world's most popular cuisines. More than 150 recipes are featured - - lavishly illustrated with location photographs as well as images of finished dishes and authentic cooking techniques. Inspiration for the cook – a travel guide and cookbook all in one!

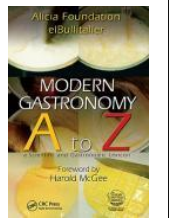
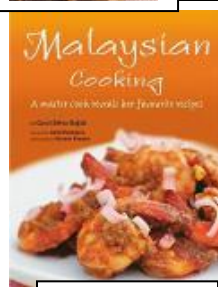
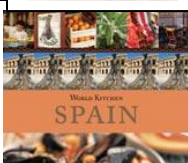
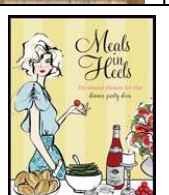
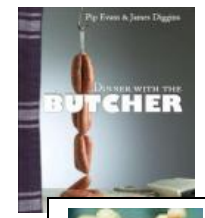
Also **TAGINES & COUSCOUS hb by Gillie Basan \$34.95**. Author of Tagine hb \$24.95 and Flavours of Morocco hb \$49

### **MALAYSIAN COOKING: A MASTER COOK REVEALS HER BEST RECIPES hb by Carol Selva Rajah \$32.00**

Malaysian Cooking introduces the art of using Malaysia's most aromatic cooking ingredients to prepare food with wonderful fragrances to excite both the palate and sense of smell. Since three quarters of what we taste comes from smell, the aromas produced by our food are vitally important to the enjoyment that comes from eating. Inspired by fond memories of fragrant cooking from her childhood days, bestselling author Carol Selva Rajah has included in this book a collection of new and traditional Malaysian dishes for anyone wishing to serve the best flavors of Malaysian food at home. Also available:

Heavenly Fragrances hb \$60.00

**MODERN GASTRONOMY A-Z hb by Ferran Adria RRP \$95.00** Everything you need to know about the science of cooking – terminology, ingredients and reactions – all in an accessible A to Z format from the master Ferran Adria (El Bulli – World's Best Restaurant).



**GORDON RAMSAY'S GREAT ESCAPE: 100 Of My Favourite Indian Recipes hb (272 pages) \$49.99**

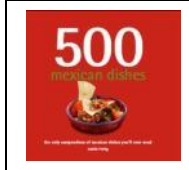
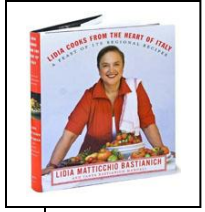
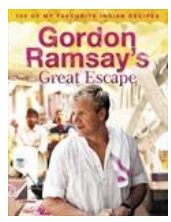
Gordon takes the culinary trip of a lifetime to discover real Indian cuisine and share this collection of over 100 of his favourite Indian dishes. As you'd expect from a Michelin-starred chef, Gordon brings his eye for perfection and ability to judge flavours perfectly to his exploration of Indian food and shows us how to cook authentic, mouth-watering dishes from all over this huge and varied country. Also coming: **NEW INDIAN KITCHEN hb by Vineet Bhatia pb (256 pages) RRP \$34.95**

**LIDIA COOKS FROM THE HEART OF ITALY hb by Lidia Bastianich (432 pages) RRP \$59.95**

In this inspiring new book, Lidia awakens in us a new respect for food and for the people who produce it in the little-known parts of Italy that she explores. All of the recipes reflect the regions from which they spring, and in translating them to our home kitchens. Lidia passes on time-honoured techniques and wonderful, uncomplicated recipes for dishes bursting with different regional flavours – the kinds of elemental, good family cooking that is particularly appreciated today.

Also coming in the bestselling 500 SERIES – **500 MEXICAN DISHES hb by Judith Fertig (196 pages) RRP \$19.95**  
And **500 BEERS & ALES hb by Zak Avery (196 pages) RRP \$19.95.**

Other titles include: 500...Cookies, Cupcakes, Appetisers, Soups, Pies & Tarts, Chocolate Delights, Juices & Smoothies, Pizzas & Flatbreads, Cocktails, Ice Creams, Cakes, Casseroles, Red Wines, White Wines, Salads, BBQ Bites - \$19.95.



**SIMPLY JAPANESE Modern Cooking for the Healthy Home hb by Yoko Arimoto (160 pages) RRP \$39.99**

Arimoto (arguably Japan's most popular expert on home cooking) presents simple, healthy, casual meals typically eaten in a contemporary Japanese home. Each finished dish of the 60 recipes is shown in a beautiful photo and the key points of each method are illustrated in detail.

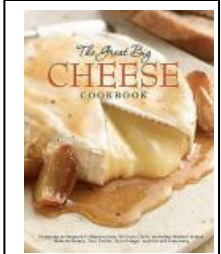
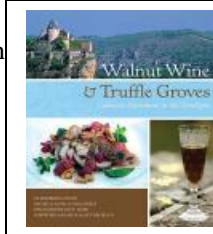
**WALNUT WINE & TRUFFLES GROVE: Culinary Adventures in the Dordogne hb by Kimberley Lovato et al \$39.99**

A culinary travel book that invites readers to pull up a chair and visit the Dordogne the way it should be visited...one bite at a time. Navigate the back roads, as well as the menus and markets, with newfound excitement and a fork and knife! Through interviews with local home cooks and chefs, visits to local farms and historic sites, market tours, and wineries, readers will discover the true jewels in France's culinary crown as well as discover the country's most beautiful and less trod-upon provinces. Colour illustrations throughout. (248 pages)

**PIZZA & WINE Authentic Italian Recipes and Wine Pairings by James Fraioli & Leonardo Curt (176 pages) \$39.95**

**GREAT BIG BOOK CHEESE COOKBOOK hb by James Robson (480 pages) RRP \$29.95**

A delightful and delectable no-holds-barred look at the world's favourite ingredients: cheese. This book caters to cheese lovers everywhere with more than 300 recipes featuring a variety of cheeses, including Cheddar, Gouda, Swiss, Mozzarella, Feta, Gruyere...and many more! The book is heavily illustrated, beautiful, practical and reasonably priced.



**From The Australian Women's Weekly: AWW SLOW COOKING hb \$39.95 AWW PIES pb \$19.95 and AWW PUDDINGS pb \$19.95** All beautifully illustrated editions

Also coming from the SLOW COOKER LIBRARY:

**Convenience Foods for Singles by Catherine Atkinson RRP \$24.99**

**Convenience Foods for the Slow Cooker by Carolyn Humphries RRP \$24.99**

**Real Meals from Your Slow Cooker by Annette Yates & Wendy Hobson \$24.99**

**PLEASURES OF COOKING FOR ONE hb by Judith Jones (288 pages) RRP \$49.95**

From the legendary editor of some of the world's greatest cooks – including Julia Child and James Beard – a passionate and practical book about the joys of cooking for one. Other titles on this popular subject instore.

**TURKISH BAKERY DELIGHT hb by Deniz Akcakanat (144 pages) RRP \$29.95**

The cuisine of the Ottoman Empire, Turkish, is one of the richest and most diverse in the world. Turkish Baking and pastry has its roots in the regional and rural areas and some recipes were perfected and brought to fame by the palace kitchen. These traditional recipes and cooking styles have been enriched with European ideas and products with different interpretations over the years. In this book, Deniz introduces a mixture of traditional Turkish baking recipes – savoury and sweet – along with recipes developed by the author herself, with a contemporary European touch. Also includes a basic guide to Turkish pronunciation and a glossary of terms for names and ingredients.

**LE CORDON BLEU DESSERTS hb by Le Cordon Bleu (224 pages) RRP \$49.99**

In Desserts, Le Cordon Bleu, the oldest and most famous culinary institute in the world, reveals the secrets behind its most fabulous desserts. The book also includes essential, specially shot step-by-step technique sequences, which will ensure readers can tackle any recipe with complete confidence. This is Le Cordon Bleu at its most sumptuous and achievable best. Also coming: **QUICK & EASY LOW-SUGAR RECIPES pb by Nicola Graimes (192 pages) RRP \$19.99**

**ALLERGY-FREE DESSERTS: Gluten-Free, Dairy-Free, Egg-Free, Soy-Free and Nut-Free Delights hb by Elizabeth Gordon RRP \$34.95**

For homebakers or anyone who enjoys desserts, a diagnosis of an allergy to nuts, gluten (such as in flour), dairy, or eggs can be devastating. Elizabeth Gordon painstakingly tested 82 recipes to create this amazing collection.

Also coming: **AMY'S BREAD Artisan Style breads, sandwiches, pizzas and more from NY City's favourite Bakery – Revised and Updated Edition (288 pages) RRP \$52.95**

**TASSAJARA BREAD BOOK hb by Edward Espe Brown RRP \$49.95**

**FUN & ORIGINAL CHILDREN'S CAKES pb by Maisie Parrish (128 pages) RRP \$29.99**

**BEST RECIPES FOR BABIES AND TODDLERS pb by Renee Elliot (160 pages) RRP \$29.99**

Delicious, nutritious and easy-to-make recipes for children from 4 months to 5 years. Renee is the founder of Planet Organic, the UK's largest fully certified organic supermarket and a long-time champion of sustainably grown, ethically sourced and seasonal food.

